



## WARRIORS FOOTBALL COACH'S CONTRACT

Our goal is to help develop young men by providing an environment where they will have FUN and develop the values of sportsmanship, teamwork, commitment and hard work. We encourage scholastic achievement and family involvement while acting as consistent and caring, Christian male role models. The following are not suggestions, they are how, as coaches we will act as role models and Spirit of Faith Warriors Coaches.

- Be organized. Have your practices and drills planned out, written out and timed. Be efficient with our time, keep it short. Change drills often.
- Speak with confidence and purpose.
- Try to make games or contests out of your drills to make them fun.
- Get your kids plenty of water breaks. Take no chances with heat exhaustion and dehydration.
- No need to have helmets on when doing cal, or chalk talks, keep the kids cool.
- Take no chances with health issues, if necessary call parent, evacuate or call ambulance. Keep all asthma inhalers in one location.
- Have drills with group sizes 5-10, no larger and 10 minutes or less. Keep calisthenics and agility drills to an absolute minimum (no more than 10 minutes). Sprints should be kept to a minimum as well, run plays out, play tag to get the conditioning in. Do lots of fit and freeze drills, keep live scrimmaging to a minimum.
- Keep live tackling drills limited to smaller spaces. We do not want 10-yard cushions for high-speed ramming type drills.
- Review in depth safe and sure blocking and tackling techniques with the head up to lessen the possibility of neck and head injuries.
- Be positive, smile, and enthusiastically encourage your players.
- Be consistent, set parameters and don't let your players go outside of them.
- Encourage overt sportsmanship at every turn.
- Encourage teamwork.
- Do not touch a player when you appear angry. Never touch a player in any private area.
- Do not use any abusive or foul language.
- Do not smoke, dip or drink alcohol in front of any players or parents on or off the field.
- Do not wear any clothing that promotes firearms, alcohol, tobacco products or bars.
- No "doo" rags, backwards or sideways ball caps during practice. Keep extensive tattoo displays covered as much as possible.
- Safety is our first concern; medical kits should be in the possession of each team.
- All players will play a minimum of 8 plays. Players must play half their plays in each half. Any violation of this rule will result in suspension and or permanent expulsion.
- We do not want any Warrior team to win by more than more than 4 touchdowns if we can help it. If ahead by 30 or more in quarter 4, let the other team score to avoid the shutout.
- No Warrior team is allowed to score 50 points unless the other team is within 3 touchdowns. Be pro-active; don't put yourself in a position to go over 50. As a precaution, tell the official to flag your team if they score. Any team scoring over 50 will forfeit the game and the coach will be relieved of his duty as coach.
- Have 2<sup>nd</sup> and 3<sup>rd</sup> string backfield ready to play for above situations.
- Do not blitz, pass, have star players handle the ball or run trick plays when up by 4 touchdowns or more, except for the first series after the half.
- Do not run outside or pass when up by 5 touchdowns or more.
- Put players in unfamiliar positions when a "slaughter" is on to keep the scores reasonable.
- When ahead comfortably late in the game, do not call timeouts, absolutely do not pass or call blitzes and stay inbounds and run the clock out. Don't sub a star or big play back in late in the game. Kneel to run out the last few ticks if you are close to the goal line.
- Make sure your "Team Book" is in your possession or your designee at all practices and games.



- No arguing with officials or opposing coaches. Only talk to officials to clarify the number of the player committing the foul, asking for amount of time left or timeouts and clarifying any "Special" League Rules, never a judgment call. Any coach that is tossed from a game will be fired.
- No parents on the sidelines except for coaches, spotters, and chain crew. Control your crowd.
- Restrain any problem parents by asking them to tone it down. Next warning, tell them their child will be removed from the game if they do not tone it down. Next step remove the player if necessary. Put the player back in when the guardian leaves the field. Have a Warrior Leader help if needed.
- Refer any guardian or coach complaints to the Football Commissioner, Warrior Athletic Director, or Youth Pastor.
- Someone should lead group prayer before each game. Pray for safety and good sportsmanship for us and our opponent, in Jesus' name. No "Lord's Prayers".
- If a player throws his helmet in anger or removes his shoulder pads in anger, player is expelled from the program, collect his equipment from him on the spot.
- Report any player that has missed 2 unexcused practices in a row to the Football Commissioner immediately and pick up his gear.
- Retrieve equipment from expelled or players that quit immediately!
- Report any rules violations to the Football Commissioner or Administrators.
- Once school starts, Thursday is academic night. All players must bring in their Academic Accountability report. Make a big deal out of it. Those that do not bring it in run, those that do, rest.
- Coaches must have a heart to help children of all races and economic conditions.
- HAVE FUN!
- All coaches must be approved by the Football Commissioner in advance, absolutely no exceptions. Volunteer Coaches Application and Football Coach's Contract are required for approval.
- All coaches must attend clinics and participate in camps during the off-season.

### Agreement and Signature

I agree to abide by the above guidelines as a condition of Coaching with the Warriors. I can be terminated at any time, with or without cause and will have no remedy or review. I acknowledge that I will be a role model, that players will take their cue from me. I agree to act in a way that is honorable. While the goal is to play well, the primary goal is the uplifting and proper training of young men. If I leave to coach another football team, I will not take any other Warrior player with me except family members nor encourage any Warrior player to leave the organization. Any violation of this will result in a \$250 per player fee to be paid by me to SOFCC as well as any legal costs incurred by Warriors as well as all collection costs.

Name (printed)	
Signature	
Date	

### Our Policy

It is the policy of this organization to provide equal opportunities without regard to race, color, religion, national origin, gender, age, or disability.

***Thank you for completing this application form and for your interest in volunteering with us.***